

## **Family Program Pre-Attendance Reflection Questionnaire**

In order to gather information regarding some information that you would like to explore during the Family Program, we ask that you take a few minutes to answer and reflect on the questions below. This is completely voluntary, however, please note that the more information that you provide us with, the more effective the Family Program will be. Please send this reflection questionnaire back with the Family Program RSVP Form.

- 1. During the Family Program, we will be encouraging all family members and clients in a discussion with an open heart and open mind. What do you as a loved one/family member need to bring to the “table” to fully participate in this Family Program process?**
  
  
  
  
  
  
  
  
  
  
- 2. What are you as a family member/loved one curious about while planning to attend the Family Program?**
  
  
  
  
  
  
  
  
  
  
- 3. What are three things that you would like to learn from the Family Program that can provide education and support to your family during the addiction process?**
  - 1.**
  - 2.**
  - 3.**
  
  
  
  
  
  
  
  
  
  
- 4. Within your family system, what are some things that are working in your relationships? What are some things that are not working? What are some skills that you feel you need to learn during the Serenity Light Recovery Family Program**